



APEX

Achieving
Potential and
Empowering
eXcellence

Additional Support to Reach Personal and Educational Goals

Students work with a success coach to:

- Identify personal goals
- Increase protective factors
- Decrease risk behaviours
- Improve time management
- Identify healthy relationships
- Maintain friendships
- Build life skills
- Manage positive coping skills

Students can also:

Meet during the school
day, after school, and in
the summer

Attend family events,
parent info sessions, and
family support groups.

Access individualized,
family-centered service
planning from LUK Staff



545 Westminster St, Fitchburg
800-579-0000
Intervention@LUK.org

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